

DIY Skin Scrubs

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Green Tea Sugar Scrub

- 1 ½ c. White Sugar
- 2 tsp. Green Tea Powder
- 2 tsp. Bladderwrack Powder
- 2 'Green Tea' Bags
- 1 c. Coconut Oil

Open the green tea bags, empty green tea leaves and set aside. In separate bowl, add white sugar, green tea powder, bladderwrack powder and loose leaf tea leaves. Mix all ingredients. Slowly add coconut oil until all mixture is covered with oil. Apply sugar scrub where desired. Rinse in warm shower. Cool rinse to tighten pores.