

DIY Skin Scrubs

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Peppermint Scrub

3 tbsp. Bladderwrack Powder

3-4 drops Peppermint Essential Oil

¼ c. Sea Salt

¼ c. Extra Virgin Olive Oil

Blend ingredients in a glass bowl. Massage into skin once daily for best results. Rinse in warm water and apply cool splash to tighten pores.